

## *What we do...*

- We **educate** families, communities and policy-makers about how to prevent child abuse and neglect.
- We **promote** positive attitudes, behaviors and policies that value children.
- We **support** adults in their roles so they can better nurture and care for children.
- We **inform** about child maltreatment trends to raise awareness about child abuse issues.

## *What you can do...*

**The key to preventing the maltreatment of children lies in community involvement.**

Volunteer for a Child Abuse Prevention Council in your community. They are made up of volunteers from all walks of life that bring the message of primary prevention to their communities. This grassroots strategy has proven to be powerfully effective in keeping kids safe.

Prevention Councils don't get involved in ongoing abuse cases. They don't investigate allegations of abuse or neglect. They work together to educate others on how to prevent abuse **before** it starts.

We currently have Councils in 58 Indiana counties, see the council map on our website. If there is no council in your area and you are interested in helping to put one together, please call our office at 317-775-6439

## **ANOTHER WAY TO SUPPORT OUR EFFORTS**

**Buy a Kids First Trust Fund license plate!**



Help support statewide efforts to prevent child abuse and neglect

Visit the [Kids First Trust Fund](http://www.in.gov/dcs/2456.htm) website  
<http://www.in.gov/dcs/2456.htm>  
Or visit your local BMV

Since 1977, **Prevent Child Abuse** Indiana has worked to educate and inform Hoosiers about the importance of preventing the pain of child abuse and neglect. Our most basic premise is that, as a society, we should cherish the children —

*Cherish the Children*

*They are the future...*

*Parents...*

*Leaders...*

*Workforce...*

*They are the future.*

*Our vision --*

*...is to live in a state*

*where children flourish,*

*free from abuse and neglect.*

For prevention and parenting information and resources, call 1-800-CHILDREN  
(1.800.244.5373)

**TO REPORT ABUSE &  
NEGLECT CALL  
1.800.800.5556**

3833 North Meridian Street, Ste 101  
Indianapolis, IN 46208  
[www.pcain.org](http://www.pcain.org)

# **Help Prevent Child Abuse Indiana!**



# **IMAGINE**

*A world with safe & happy children...*

*If we imagine it,*

*then together, we can create it..*



**Prevent Child Abuse  
Indiana™**  
*A Division of The Villages*

[www.pcain.org](http://www.pcain.org)



# What you and your community can do...

## Remember that children are the future

- Children are our future and their early years have an enormous impact on their future health and success.
- Child abuse prevention is one result of a firm community commitment to supporting children and the families raising them

## Recognize prevention is a shared responsibility

- Parenting is the toughest job any of us will ever undertake, and our most important civic contribution.
- As parents we have enormous responsibility to raise our children to be productive members of society.
- As citizens we are responsible for ensuring that all parents and families have access to the support, information and services they need to succeed.

## Raise the issue of prevention

- We all care about the issue of child abuse. But, we hear a lot more about the problem than we do about the solutions.
- Preventing child abuse means setting the stage for healthy, stable families who have the tools they need for nurturing their children.
- Help your community understand *prevention*.
- Ask your elected officials to support programs and services that help families and children.
- Contact your local school district and faith community to encourage them to sponsor classes and support programs for new parents.

## Reach out to kids & parents

- Anything you do to support kids and parents in your family and extended community helps to reduce the likelihood of child abuse and neglect.
- Be a good neighbor. Offer to baby-sit. Donate your used children's clothing, furniture and toys for use by another family. Be kind and supportive, particularly to new parents and children.

## Recommend ideas that your community can use

There are many programs, services and actions that support families and prevent child abuse.\*

- **Facilitate friendships and support.** Offer opportunities for parents in the neighborhood to get to know each other, develop support systems, and take leadership roles. Strategies may include sports teams, potlucks, classes, advisory groups, board leadership and volunteer opportunities.
- **Strengthen parenting.** Develop ways for parents to get support on parenting issues when they need it. Possibilities include classes, support groups, home visits, tip sheets in pediatricians' offices and resource libraries.
- **Respond to family crises.** Offer extra support to families when they need it, as in times of illness, job loss, housing problems and other stressors.
- **Link families to services and opportunities.** Make sure families know where to go for job training, education, health care, mental health and other essential services.

\*\*Adapted from **Prevent Child Abuse** America Reframing and Building on Strengths: Enhancing Protective Factors for Children and Families, National Clearinghouse of Child Abuse and Neglect Information

**To Become a Friend for Prevention thru a donation, please complete the section below and mail to our office or you may also go to our website to make a donation — [www.pcain.org](http://www.pcain.org)**

Name: \_\_\_\_\_

Organization Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_ Zip Code: \_\_\_\_ County: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

☐ In Honor Of \_\_\_\_\_

☐ In Memory Of \_\_\_\_\_

☐ \$20 - Will provide 2 Workbooks for a Darkness2Light training

☐ \$25 - Will provide 2-weeks of training for a vulnerable dad in our 13-week Nurturing Fathers program

☐ \$50 - Will help us buy Pinwheels, the symbol of Prevent Child Abuse America, to help remind people to keep happy and care-free

☐ \$100 - Will train 10 people in how to keep children safe from sexual abuse

☐ Choose your amount \$ \_\_\_\_\_

**Payment:** ☐ Check ☐ Mastercard ☐ Visa

Card# \_\_\_\_\_

Expiration Date \_\_\_\_\_ CSV \_\_\_\_\_

Signature of Cardholder: \_\_\_\_\_

*Mail to:*  
**Prevent Child Abuse Indiana**  
**3833 North Meridian Street, Ste 101**  
**Indianapolis, IN 46208**

*On behalf of Indiana's children, we thank you!*