

WHAT IS A WATER WATCHER?

Water Watchers are adults who ensure the safety of children around pools and other bodies of water to prevent drowning or injuries.

EYES ON THE CHILD

A good Water Watcher puts away any distractions, such as phones or tablets, to focus on the child's safety.



STAY ALERT

Even at pool parties, Water Watchers make sure to stay sober in case of an incident.

KNOW THE KIDS

Water Watchers remember to keep track of the amount of kids they are watching to prevent any blind spots.





WATER SAFETY

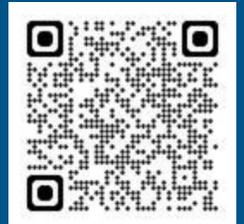
MAKE A PLAN

We all love water, and it can bring a great deal of fun, but it can also bring tragedy. With simple planning we can help to ensure the safety of all. Children need to be constantly supervised when around any body of water.

THINGS TO DO

- Avoid distractions (cell phones, electronic devices, conversations)
- Teach children about the dangers of water
- Enroll your child in a swimming course
- Learn CPR
- Educate anyone watching your children about water safety
- Empty baby pools, bathtubs or any container that may hold water after use
- Use pool covers and alarms to provide added protection

VIEW OUR
WATER SAFETY
QUICK CARDS
HERE:



HOW CAN I TALK TO MY CHILD ABOUT INTERNET SAFETY?

EYES ON THE CHILD

Be sure to monitor your child's internet activity and ask them how they use the internet.



STAY ALERT

Keep up-to-date with the latest internet trends, websites, and apps by asking your child to teach you about them.

KNOW THE KIDS

Recognize when your child may be uncomfortable with internet interactions by creating a safe and non-judgemental environment.





INTERNET SAFETY

WHY IS IT IMPORTANT?

According to research, 1 in 5 children have received some type of online enticement through the internet. It is imperative then, that we teach ourselves, and more importantly our children, basic internet safety.

EDUCATING OURSELVES & OUR CHILDREN

CONSTANT CHANGE

Caregivers should stay current because things change constantly including security software, parental controls, apps, tools, terminology and emojis.

ACCESS POINTS

Technology access points include gaming systems, cell phones, computers, tablets, smart watches – anything that can connect to the internet.

PERSONAL INFORMATION

Tell children to never give out any personal information on-line or on social media (e.g. home address, birthdate, school name or sports teams, etc.). These items enable someone to trace a child's whereabouts.

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